

Updated 3/4/2023 – prices may be a bit different for next year, prices shown are last years prices (*)

Dear Parents,

Here is a yearly updated document explaining what you can expect for the upcoming season moving from 8u (mites) to 10u (squirts). To check out a sample website/schedule from this past year and what to expect, check out 10u B's at: http://www.cliftonparkyouthhockey.com/teampage.php?team_id=237

Eagles

1. This upcoming season, there will most likely be 2-3 10U Eagles teams. 10U Eagle teams consist of a combo of two birth year players (both boys and girls) and are made up depending on players skill levels. We should have a spot for each of your birth year mites moving up. Each team usually consists of 12-18 players (1-2 goalies) with each team having an assigned volunteer head coach, assistant coaches, a team manager, and a team scheduler. The team manager (handles finances for the team) and scheduler (schedules games/tournaments) will be parent volunteers. If you want more information on these jobs, let us know.

2. Practices and Games –

Eagle season officially starts from 10/1 until 2/28, and may have some practices in September. Some coaches try to get their teams together for some dry land and more team building exercise during the summer.

Practices - For the most part, the 10u teams will share a full sheet of ice during practices with other teams, utilizing half the ice for each team. Ie: 10u A and B, or B and C, etc, may share an ice sheet once or twice a week. There will be some practices throughout the year (or portions of practice) where your team will have full ice. There will be skill sessions about twice a month either on our ice or at the Hockey Hut. Goalie coaches will come in and work with our goalies during some practices.

Once the Master Ice Schedule is released by the board sometime in September, your team manager will list games/practices on your own team's webpage and the Teamsnap app to keep track of who is in or out of games or practices, as well as messages to each other on this platform. Keep in mind the master ice document lists out information for all teams in CPYHA and often changes, so check your app. Practice days/times generally are the same or rotate slightly from week to week.

Games - 10U Eagles teams play in a league called NNYSHL, which is a league of local teams; ie: Saratoga, Schenectady, Berkshire, Adirondack, Troy-Albany, Saugerties, etc. You will play each team at least twice, with one home and one away referred to as league games. Towards the end of February, there will be playoff games and a Championship game for the top teams in the league. Many other non-league games and usually 2-3 weekend tournaments throughout the season will be scheduled. It is up to the individual team scheduler to schedule these. There are usually 3 levels in the league; Hudson A, Mohawk B and Heldeberg C. The schedule and standings for this league can be found on their website <https://www.nnyshl.com/>

At each home game, a parent volunteer will be needed to run the time clock, the score sheet and work the penalty box. All parents will be expected to help out one way or another.

3. Home Tournaments - We have a Girls Tourney in November, then B/C team(s) usually towards the beginning of January. There will be multiple games throughout that weekend. Parent volunteers are crucial for these weekends, like Mite Madness. Not only will volunteers be needed for the time clock, score sheet and penalty box, donations will be needed for the raffle table as well as volunteers to work the raffle table. There is usually a tournament committee made up of parents from each team to work with our league's Tournament Director to keep things organized. This usually becomes a big fundraiser for the teams to participate.

4 Assessments - Starting in October, monthly assessments will be due. The cost of assessments is \$300 per month and should be paid within the first week of the month. Assessments will need to be paid through December and possibly January/February as well (depending on fundraising and how many tourneys/etc. for your team). This money goes towards paying for ice time, away tournaments, referees, skills, league fees, etc. You would provide your assessment payment to your team manager. There will also be an option to pay for all up front.

Girls 10u Jr Dynamo

Girls 10u is a program that girls can join, and also can join an Eagles 10u or Jr Dynamo minor team if selected. They usually have one ½ sheet practice per week, skill sessions, and play some extra games per month. They also play a few tournaments throughout the year. Their games and practices are scheduled to not conflict with their Eagles or Dynamo team they may play on. If these girls play on an Eagles or Dynamos team, they typically do not have to pay registration fees, and only pay half assessment per month (\$150) min: **\$750 total** (plus first year \$150 for girls Dynamo jerseys/socks and possible other tourney fees).

Dynamo AAA vs Eagles A/B/C

Jr DYNAMO players consist of the best players in the capital district, from every local association (Beth/ADK/Saugerties/CP/etc). There are 2 different Dynamo teams at the squirt 10u level, Squirt Elite (Major) and Squirt Developmental (Minor) teams. The Elite team will be for the older birth year, while the Developmental team will be for the younger birth year at that level. Some travel will require 2 ½-3 ½ hours for some away games. Each team will play a 35-45 game schedule along with tournaments focusing on development. Both of these teams require a high level of commitment. Coaches at this level have either coached and/or played at a high level of hockey themselves. There will be 2-3 practices per week and attendance is mandatory. There may be an off-ice component either before or after practices. The season will begin in early to mid August and will run through early to mid March. Players are expected to all wear the same color scheme and order from the same companies. Black Helmets are mandatory as are black pants and matching gloves. On top of registration fee, there will be monthly Assessments of \$350* per month starting in August through February or March.

Average cost of a Dynamo player for the season is @ \$2,970-3,500, which includes practice and home games ice, tourney fees, two jerseys, socks, matching gloves, bags, and pant shells, and warm up suit (not including skill sessions, hotel rooms/travel exp/etc). This will be lower if teams decide to do fundraising. Tryouts for these teams begin March to early April and coaches have already been named beforehand.

EAGLES There will be as many Eagles teams as registration dictates. We are hoping to have at least 2 teams at the squirt level. Teams will be categorized as an A, B, C level depending on skill. There are evaluations for these teams in the SPRING to make up the teams; with the most advanced players being selected for the A team. The commitment level on these teams is a little more relaxed than a Dynamo team, but participation at all events is still expected. Eagle coaches at this level are parent volunteers and are unpaid. B and C Coaches for these teams will be selected after/during tryouts. There will be 2-3 practices per week. There may or may not be an off-ice component; each coach will decide that for the team. These teams may participate in the NNYSHL and will play a schedule of 35-45 games along with participating in tournaments. Most away games will be fairly local, but could require travel of up to 2 hours. The season runs from early October through mid-March. On top of registration, there will be monthly assessments of \$300 per month starting in October through January, with the possibility of one in February.

The average cost per player of an Eagles team is @ \$1250-1550 (plus \$150 for jerseys/socks for first year or replacements), and may be a bit higher or lower based on how many tournaments the team chooses to play in, how much fundraising, and if they participate in one of our home tournaments. This average cost does not include hotel room/gas/food/etc.

New this year: FT Goalies get their registration fees waived, and pay half assessments.

So after tryouts, to join either Dynamo Minor, Eagles, and/or Girls Dynamo you have to do the following:

Step 1 – Go to the website, click the link, and sign up for one (or more) tryout spots. - \$45 fee - use this past year's USA Hockey barcode (full time goalies are free). Tentative dates/times are posted. If you think your child wants to do dynamo, but isn't sure they will make it - sign up for Dynamo first, then if needed, sign up for Eagle tryouts after.

Step 2 - Go to evaluation (usually 2-3 days)

Once selected for a team, you have 24 hours to register to hold a spot on their team, or will be given to the next candidate. At this time go to:

Step 2 – rejoin USAHockey and get new barcode number [USA Hockey](#)

Step 3 – Register on CPYHA website \$350 for returning CPYHA players(\$450 new)* plus \$150* jersey fee (2 jerseys and pair of socks (1st year 10u))- Here is link to our registration page:

http://www.cliftonparkyouthhockey.com/page.php?page_id=44&rtv=2

As always, any questions, let us know.